# 15771: Challenges and potential practice gaps faced by healthcare professionals investigating male infertility:

# A patient-informed educational study in eight countries

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## **Objectives**

- Identify challenges, barriers, and practice gaps of healthcare professionals (HCPs) offering male and female fertility care
- Inform continuing professional development (CPD) and continuing medical education (CME) activities in reproductive medicine

#### **Materials and Methods**

- Participants / eligibility criteria across 8 countries:
  - Physician (PHYS) or a laboratory professional (LAB) specialised in fertility care
    - Involved in assisted human reproduction (AHR)
  - Actively practicing
  - Patient seeking/receiving care for infertility
- Mixed methods study
- Qualitative 45-minute semi-structured interviews transcribed and coded to identify emerging themes
- Quantitative survey of separate PHYS and LAB sample, analyzed descriptively, using chi-squared statistical tests
- Data sources, methods and interpretation viewpoints triangulated to increase trustworthiness of results

# Sample

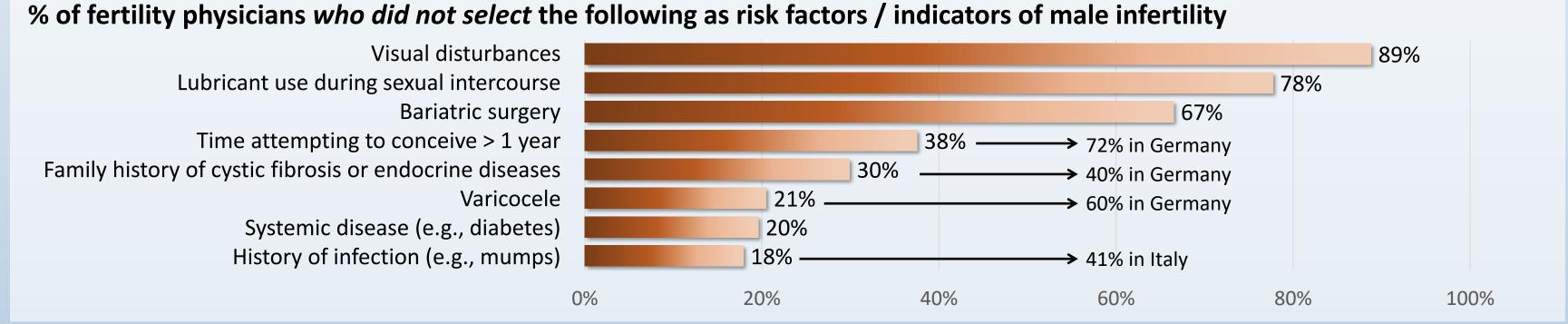
	Qualitative and Quantitative Sample Demographics					
	Profession or Demographic					
	PHYS*	LAB**	Female patients	Male patients	PHYS*	LAB**
Country	Interviews				Surveys	
Brazil	3	3	3	1	27	12
China	3	3	2	1	40	15
France	3	3	3	0	26	12
Germany	3	3	3	0	25	12
Italy	3	3	3	1	27	12
Mexico	3	3	3	1	27	12
Spain	3	3	3	1	27	12
UK	3	3	3	0	25	12
Total	24	24	23	5	224	99

\* PHYS: Reproductive medicine specialists, endocrinologists, OBGYN, Reproductive urologists or andrologists involved in AHR

\*\* LAB: Microbiologists, biologists, embryologists involved in the manipulation of gametes or embryos for the purpose of AHR

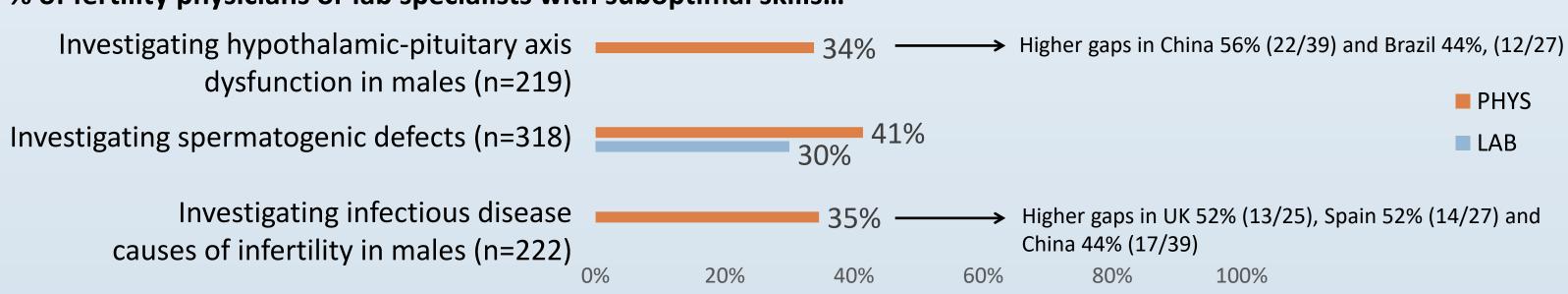
## **Results - Underlying Challenges and Barriers:**





## Skill gap to investigate potential causes of male infertility

% of fertility physicians or lab specialists with suboptimal skills...

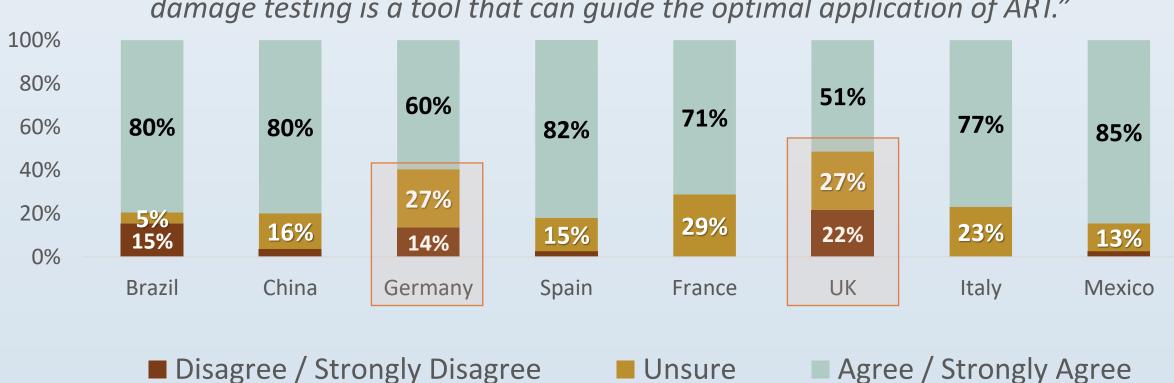


**Doubts** about the value of sperm DNA damage testing, perception that performing this type of diagnosis is complex

"...you can see the percentage of spermatozoids with chromosomic alterations [...] but you won't be able to use any of it. It just doesn't make sense to get genetic tests when it comes to sperm."

Laboratory Specialist, Brazil

26 % of respondents disagreed with or were unsure if "Sperm DNA" damage testing is a tool that can guide the optimal application of ART."



Attitudes such as the belief that "males are rarely the cause of infertility" were barriers to investigating male-related factors:

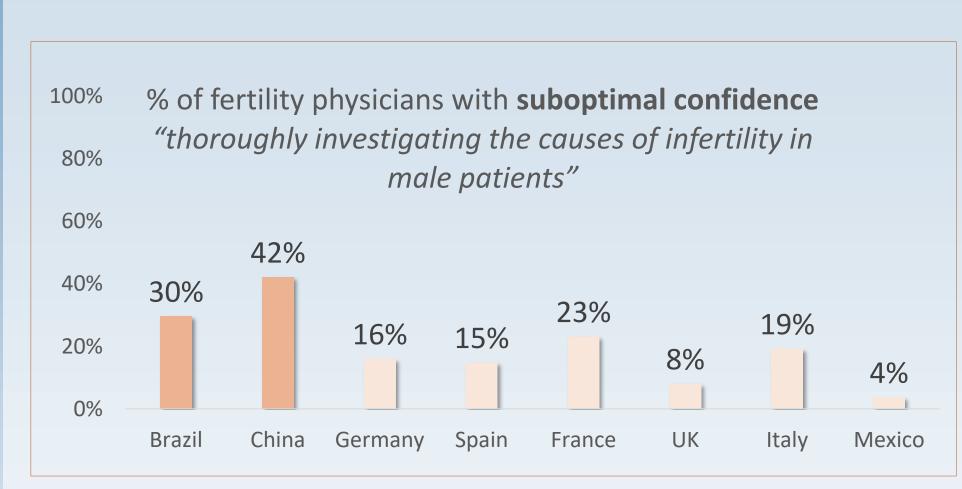
"My gynaecologist had not taken it very seriously either because we already had one child [...] Even my husband's urologist said he cannot imagine. You already have one child..."

Female patient, Germany

"Twenty years ago, we had very rigid protocols. Currently we do fewer tests, mainly because the main factor causing infertility is the patient's age."

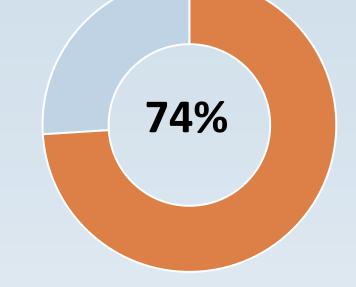
Fertility Specialist, Spain

## Confidence gap to thoroughly investigate male infertility



Sub optimal: participants responded using a 5-point scale where ratings of 1=not very confident, 2=slightly confident or 3=somewhat confident are considered "sub optimal", and 4=confident or 5=very confident was considered "optimal"

#### **Attitudes:**



Fertility physicians agreed "there is a predominant culture or belief among patients first presenting that infertility mainly affects females.

## Disclosure

This project was supported by educational research funds from Merck KGaA, Darmstadt, Germany

#### Conclusions

- Knowledge, skills, confidence, attitude gaps hinder the investigation of male-related factors of infertility in couples seeking fertility care
- Gaps can lead to inappropriate treatment plans, may have negative consequences on the health and clinical outcomes of couples
- > Findings can be used to inform appropriate CME and CPD activities for HCPs in reproductive medicine to bridge current gaps in fertility care

## Acknowledgements

Fertility Europe supported interpretation of patient-related findings; Olivier Jacob (AXDEV Group) supported participant recruitment and other project-related logistics. Morgan Peniuta (AXDEV Group) supported development of this poster.